

# Sweatshirt

## How I created the sweatshirt

**Design choices** – I started with the unfitted shirt and chose a standard square cuff.

**Options** – I set the seam allowances and hem to 3/8".

**Ease** – I added 1" armhole ease.

**Neck** – I added 3/4" to the front and back neckline depth and 1 1/2" to the neck opening.

**Edit Sleeve** – I shortened the sleeve by 2 1/2". I added bicep ease so that I had about 3 1/2" of ease. I adjusted the cap ease so that I had about 1" of ease.

## At the Computer

Check all the settings to make sure they stuck. Make any adjustments needed.

## Pattern Prep

Redraw the curve on the neckline if needed to make it more attractive.

True seam allowances.

Discard the sleeve cuff pattern.



## Ribbing

You will need 3 pieces of ribbing. You can measure and cut these with a plastic ruler and rotary cutter. Make paper patterns if you are uncomfortable with this method.

### Neckline ribbing

Measure the front and back necklines on the revised stitching lines. Add these two numbers together and multiply by 2, to get the total length of the neck opening.

Multiply this number by .75 and add ½" for a seam allowance.

Cut a piece of ribbing this length by 2 ¾". This will give you a 1" ribbing (folded over) and a 3/8" seam allowance.

### Sleeve ribbing

Measure the length of the stitching line at the bottom of the sleeve.

Multiply this number by .75 and add ½" for a seam allowance.

Cut a piece of ribbing this length by 5 ¾". This will give you a 2 ½" ribbing (folded over) and a 3/8" seam allowance.

### Bottom ribbing

Measure the bottom of the front and the back.

Add these two numbers together and multiply by 2 to get the total circumference of the bottom.

Multiply this number by .75 and add ½" for a seam allowance.

Cut a piece of ribbing this length by 5 ¾". Like the sleeves, you will have a 2 ½" ribbing. Note: If your ribbing is not wide enough, allow an extra 1/2" for a second seam allowance.

## To add ribbing

- 1) Sew the short ends of the ribbing together, right sides together, with a ¼" seam. Finger press open.
- 2) Fold the ribbing lengthwise, WRONG sides together, and quarter mark it with pins.
- 3) Quarter mark the garment with pins.
- 4) Pin ribbing to garment, matching quarter marks. (Note: You may need to mark in 8ths for the bottom ribbing.)
- 5) Serge the ribbing to the garment, stretching the ribbing to fit.

## **Embellishment**

Do any embellishment, such as embroidery or appliqué, before sewing your sweatshirt.

**Construction Order** (I used a serger for construction, except for joining the ends of the ribbing.)

- 1) Shoulder seams, stabilized with a strip of Seams Great or similar product
- 2) Neckline ribbing
- 3) Sleeves (flat method)
- 4) Underarm and side seams, sewn in one continuous seam
- 5) Sleeve and bottom ribbing